



What to consider for an initial appointment with your surgeon

Develop a list of questions (consider including family and close friends to come up with the list so everyone's concerns are aired)

What are the options and pros & cons for treatment before surgery vs after surgery?

Go over any and all of your written test results with your surgeon.

What are the risks of the surgery? Share any other conditions you might have had medically that may or may not relate to this diagnosis.

Ask about the recovery time of the surgery(s) they present in the options. Ask how much help you will need to do everyday tasks.

Bring two others to your initial appointment with your surgeon. One to listen, one to write down the answers to your questions (have yours questions written), and you, the patient, can just react.

Ask how much time there will be between the surgery and any treatment to follow.